

Sensory Integration Therapy and DIR/Floortime (2 hours)

This course explores the fit between Sensory Integration Therapy as conceptualized by Ayres (1979) and DIR/Floortime the Developmental Individual Difference and Relationship-based model developed by Dr. Stanley Greenspan. After briefly introducing the theories, we will discuss and examine similarities and differences and where the two frames compliment and strengthen one another. We will also discuss modern comprehensive evidence based practice in relation to these two frames of reference.

Learning objectives:

- Summarize and outline the differences between Sensory Integration Theory and Sensory Integration Therapy (both as conceptualized by Ayres)
- Summarize and outline the differences between The DIR Model and DIR/Floortime
- Identify three ways in which Sensory Integration and DIR compliment and augment one another
- Discuss current evidence-based practice related to the two frames