



SENSORY HEALTH TRANSFORMS

Lives

Child development, school success, relational health, mental health, well-being and resilience are all profoundly impacted by our body's ability to process and integrate sensation.

We are all familiar with the sensory aspects of day-to-day life. Our brains and bodies are processing sensory information all the time and as this sensory information moves through our nervous system it shapes how we feel and respond throughout the day. Every body has to process sensation in order to stay alive, function and make meaning of the world. How our brain interprets sensory information impacts our physical health, mental health, and general wellness. Sensory processing can influence every area of life including our preferences in diet, exercise, relationships, career, and our hobbies.

LEADERS IN SENSORY PROCESSING

STAR Institute is the international leader for research, treatment, and education related to sensory integration and processing. As a 501(c)3 nonprofit organization, we are dedicated to improving mainstream awareness of sensory health and to providing life-changing support and resources for individuals and families across the lifespan. STAR Institute supports all areas of sensory health including mental health, school success, child development, parenting, relationships, and vocational success. For some, disordered sensory processing profoundly impacts daily functioning. However, many differences in sensory processing do not need to be disabling. We believe everyone should have access to high-quality support, resources, and treatment for sensory health.

INDIVIDUALIZED TREATMENT



All treatment programs are different. We pioneer and provide best practice intervention through the lifespan with customized therapy plans focused on individual strengths and needs.

CUTTING-EDGE EDUCATION



We are dedicated to increasing global accessibility to current information on sensory processing through innovative online and live programming for clinical professionals and families.

LEADING RESEARCH



STAR Institute conducts and collaborates in rigorous research into the identification, characterization, and treatment of sensory integration and processing strengths and needs.



Help is available!

**VISIT WWW.SENSORYHEALTH.ORG OR
CALL US AT 303.221.7827 TO LEARN MORE**

INDIVIDUALIZED

Treatment

The field of sensory integration has existed for decades and is founded on research and best practice. We believe everyone should have access to high quality treatment and support for sensory health. Differences in sensory processing are key factors in autism, ADHD, neurodevelopmental differences, trauma, learning differences and mental health conditions.

Our treatment center offers: occupational therapy, speech & language therapy, mental health services, pediatrician-led multidisciplinary evaluations, specialized feeding therapy, a school readiness therapeutic classroom program, youth camps and groups, adult and adolescent specific services, and adult autism evaluations.

The STAR treatment team addresses regulation and relationships, community engagement, mental health, feeding and eating, academic/vocational success, communication, and language development through the lifespan.

OCCUPATIONAL THERAPY



Our customized therapy programs are designed to enable individuals with sensory challenges to accurately detect, interpret, and regulate sensations. Through therapeutic play, individuals develop capacity to be regulated, be organized in their bodies, generate ideas and plans for action, problem solve, and form relationships.



SPEECH & LANGUAGE THERAPY

Developing communication skills is one of the most important elements to socializing and creating valuable relationships. Our goal is to help children become successful communicators and independent language learners by tailoring our programs to each child's specific needs.

FEEDING THERAPY



Figuring out why a child isn't eating or growing well is a bit like putting together the pieces of a very complicated puzzle. Because there are 7 different systems humans use when eating and feeding, we begin with an assessment that looks at your child as a whole person and not just their mouth, gut, or behavior.



MENTAL HEALTH SERVICES

Therapy can help improve your relationships, as well as manage anxiety, depression, grief, anger, self-esteem, and social confidence. Our areas of expertise include family support, relationships, neurodivergent populations (autism, ADHD, gifted, etc.), sensory processing differences, couples therapy, parent coaching, family counseling, and adult counseling.

SCHOOL READINESS THERAPEUTIC CLASSROOM



The school readiness program is a therapeutic classroom that is focused on building school confidence and success. It provides opportunities that develop social and communication skills, self-regulation within a school setting and helps every child become an active and thriving member of their classroom community.



AUTISM SPECIFIC SERVICES

Autism specific services at STAR offer a safe and respectful space to explore differences in sensory integration and processing and figure out how these are impacting quality of life. Families are supported by a team of professionals from different disciplines. We offer strengths-based and empowering services for individuals on the autism spectrum.

Get Started Today!

Call us at **303.221.7827** or visit our website at **www.sensoryhealth.org** to schedule your **no-cost, over-the-phone consultation** with a STAR Institute therapist.

